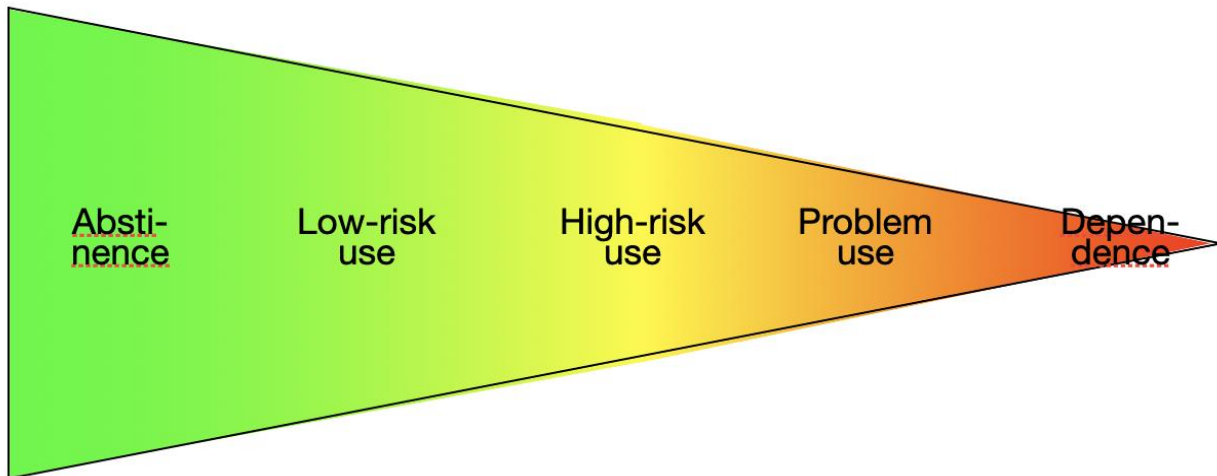


The Substance Use Continuum



Assessing Patients' Categories of Use

- **High-risk use?**
 - Adult men: >14 SD/week, >4 SD/occasion?
 - Adult women: >7 SD/week, >3 SD/occasion?
 - Adult drug use: Daily marijuana use? Other illicit drug use?
 - Teens: Any alcohol? Any drugs?
- **Problem use?** - Negative consequences?
 - Physical health? - Family rel.? Work/school? Financial problems?
 - Mental health? - Friends rel.? Legal problems? Religion/spirituality?
- **Dependence?** - Loss of control - unsuccessful attempts to quit or cut down?
 - Preoccupation? - Urges/cravings? - Compulsive use? Physical dependence?