

Agenda: Day 2 Overview

Time	Topic	Objective(s)
8:00-8:30am	Introductions and opening remarks	
8:30-10:00am	Motivational Interviewing: Laura Saunders <i>Discuss the SPIRIT of motivational interviewing as it applies to patient engagement. Review the skills and principles of motivational interviewing.</i>	At conclusion of presentation, learners will theorize the use of motivational interviewing skills into patient conversations.
10:00-10:15am	BREAK	
10:15-10:45am	Behavioral Activation: Sue Vos & Robin Schreur <i>Review CoCM evidence based therapeutic interventions including BA, PST and risk assessment and safety planning in the primary care.</i>	At conclusion of presentation, learners will describe components and principles of Behavioral Activation and how to deliver Behavioral Activation as a patient intervention within CoCM.
10:45-11:15am	Problem-Solving: Sue Vos & Robin Schreur <i>Review CoCM evidence based therapeutic interventions including BA, PST and risk assessment and safety planning in the primary care.</i>	At conclusion of presentation, learners will translate the use of problem-solving skills into patient interactions.
11:15am-12:15pm	Psychotropic Medications and Diagnosis: Mon Poulouse, MD <ul style="list-style-type: none"> • <i>Discuss general approach to evaluating patients for anti-depressant and anti-anxiety medications.</i> • <i>Review the common anti-depressant and anti-anxiety medications and their relative advantages and disadvantages and common patient concerns.</i> 	At conclusion of presentation, learners will recognize common psychotropics used to manage depression and anxiety.
12:15-12:30pm	Review & Adjourn	