

Agenda

Topic	Objectives
Introductions and Overview of the Day	<ul style="list-style-type: none"> • What we be covering • Application of the learnings
Motivational Interviewing	<ul style="list-style-type: none"> • Discuss the SPIRIT of motivational interviewing as it applies to patient engagement • Review the skills and principles of motivational interviewing
Problem Solving and Behavioral Activation	Review CoCM evidence based therapeutic interventions including BA, PST and risk assessment and safety planning in the primary care environment
Psychotropic Medications and Diagnosis	<ul style="list-style-type: none"> • Discuss general approach to evaluating patients for anti-depressant and anti-anxiety medications • Identify key criteria to monitor to determine effectiveness and need for adjustments • Review the common anti-depressant and anti-anxiety medications and their relative advantages and disadvantages and common patient concerns
The Role of the BHCM and the Case Management Process	<ul style="list-style-type: none"> • Explain the key responsibilities of the CM as part of the monitoring effectiveness • Review the Case management steps including introduction, screening, assessment, risk assessment, care planning, intervention, monitoring/followup and case closure
Identifying and Tracking Patients	<ul style="list-style-type: none"> • Examine the CM role in the use of a data and metrics and coordination of care with the patients treating team members as it relates to treat-to-target
Moving Forward	<ul style="list-style-type: none"> • Describe the process for next steps once initial training is completed