

CoCM Clinical Training AGENDA Day 2

TIME	DURATION	TOPIC	Presenter(s)
7: 45-8:00 am	15 MIN	Introduction: • What would you like to get out of today? • Poll (what is your discipline) • Orientation to training, (housekeeping and agenda)	Susan Vos BSN, RN, CCCM Program Director
8:15 – 8:30am	30 MIN	Reflections from Day 1	Robin Schreur, RN, BS Susan J. Vos BSN, RN, CCM Mark Williams MD, Psychiatrist
8:30-10:30 am	120 MIN	Motivational Interviewing, Problem Solving and Behavioral Activation-cont. • Problem Solving Therapy • Behavioral Activation Motivational Interviewing	Laura Saunders MSW
10:30 – 10:45 am	15 MIN.	Break	
10:45-11:45 am	60 MIN	Continue: Problem-solving and Behavior Activation	Robin Schreur, RN, BS Mark Williams MD, Psychiatrist
11:45m- 12:15 pm	30 MIN	Lunch Break	
12:15-1:45 pm	90 MIN	Psychotropic Medications and Diagnosis • Basics of psychotropic medications • DSM diagnostic criteria	Mark Williams MD, Psychiatrist

1:45 – 1:50 pm	5 MIN	Stretch break	
1:50-3:50 pm	120 MIN	The Role of the BHCM and the COCM Process, Maintenance & Tracking • The role of the BHCM in CoCM • Pitching CoCM to patients and the care team • The use of screening tools ○ PHQ – 9 ○ GAD – 7 • Risk Assessment • Intake and Assessment • Care Planning ○ Self-Management ○ Action Planning • Follow-up / Continuous Monitoring • Review relapse preventions and transition to routine care	Robin Schreur, RN, BS Susan J. Vos BSN, RN, CCM Mark Williams MD, Psychiatrist
3:50 – 4:20pm	30 MIN	Preparing for Implementation • Lessons Learned • Next Steps	Robin Schreur, RN, BS Susan J. Vos BSN, RN, CCM Mark Williams MD, Psychiatrist
4:20 - 4:30pm	10 MIN	Adjourn • Evaluations • Post-test	Robin Schreur, RN, BS Susan J. Vos BSN, RN, CCM Mark Williams MD, Psychiatrist