

NOVEMBER 13, 2020

TREATING PAIN & ADDICTION



OBJECTIVES

At the end of this activity physicians should be able to:

- Review pain mechanisms and pathophysiology.
- Recall pain mechanism application through case studies.
- Review the biopsychosocial aspects of pain, including assessment.
- Review the pharmacology and non-pharmacology treatment options

This training has been made possible through a collaboration between:



SPEAKERS

DANIEL CLAUW, MD



Professor of Anesthesiology, Medicine and Psychiatry at the University of Michigan. He serves as Director of the Chronic Pain and Fatigue Research Center. Until January 2009 he also served as the first Associate Dean for Clinical and Translational Research within the University of Michigan Medical School, and PI of the UM Clinical and Translational Sciences Award (CTSA).

GLENN DREGANSKY, DO



Assistant Professor and the associate program director for Western Michigan University Homer Stryker M.D. School of Medicine's Family Medicine Residency Program – Battle Creek, which is located within the Grace Health Center, the federally-qualified health center in Battle Creek.

JAMES HUDSON, MD



Medical director of the Pain Center at Mary Free Bed where he has managed chronic pain for more than 30 years. He is board-certified by the American Board of Family Practice and is a fellow of the American College of Pain Medicine. He is an active member of the American Pain Society & National Headache Foundation.

ERIC LAKE, MA, LLP, CADC



Psychologist who specializes in the treatment of chronic pain and works in the Mary Free Bed Pain Rehabilitation Program, an interdisciplinary approach that addresses many pain conditions. He received his master's degree in Counseling Psychology from Western Michigan University and is a Certified Alcohol and Drug Counselor.

TIM PHILLIPS, PT, DPT, MTC



Physical therapist specializing in the treatment of chronic pain. He completed his Doctorate in Physical Therapy at the University of St. Augustine and has served as adjunct faculty in the DPT program at Grand Valley State University. He studied STarT and IMPaCT Back trials at Keele University (UK) in 2015.

EVA QUIRION, FNP, PhD



Nurse practitioner specializing in the treatment of pain and substance use disorder. She serves as adjunct faculty for the FNP program at the University of Maine. She is a member of the Maine Quality Counts Chronic Pain Collaborative, Penobscot Community Healthcare Controlled Substance Committee and Chair of the St. Joseph Bangor Controlled Substance Review Group.

DAVID WILLIAMS, PhD



Professor of Anesthesiology, Medicine (Rheumatology), Psychiatry, and Psychology at the University of Michigan where he also serves as the Associate Director of the Chronic Pain and Fatigue Research Center, Co-Director of Research Development within the Michigan Institute for Clinical and Health Research (MICHR) and is on the senior faculty of the Neurosciences Program.

Today's Presentations & slides are available at:

<https://www.miccsi.org/training/pain-management-training/wmu-pain-management-training/>

EVENT SCHEDULE

7:50-8:00 am	ZOOM OPEN & REGISTRATION CONFIRMATION	
8:00-8:05 am	WELCOME & INTRODUCTIONS	
8:05-8:55 am	DANIEL CLAUW, MD Biomedical aspects of pain management	
8:55-9:45 am	DAVID WILLIAMS, PhD Biopsychosocial aspects of pain management	
9:45-9:55 am	BREAK (10 minutes)	
9:55-10:40 am	JAMES HUDSON, MD Case studies in pain management: the patient perspective	
10:40-11:25 am	DANIEL CLAUW, MD Cannabinoids for pain management	
11:30 am-Noon	DAVID WILLIAMS, PhD, JAMES HUDSON, MD, DANIEL CLAUW, MD, EVA QUIRION, FNP, PhD, GLENN DREGANSKY, DO, PHIL BATY, MD Speaker Panel – Q & A	
12:00-12:30 pm	LUNCH	
12:30-3:00 pm	TEAM-BASED CARE for CHRONIC PAIN TRACK JAMES HUDSON, MD, ERIC LAKE, MA LLP, TIM PHILLIPS, DPT DAVID WILLIAMS, PhD - Review assessment and care planning components - Discuss ways to optimize the multi-disciplinary team (PT, Behavioral Health)	SUBSTANCE USE DISORDERS TRACK GLENN DREGANSKY, DO & EVA QUIRION, FNP PhD - Review Tapering Approaches - Discuss Crucial Conversations - Case Study application
POST-TEST, EVALUATIONS & FEEDBACK Complete evaluation at: https://www.surveymonkey.com/r/WMUpain-post		

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The Michigan Center for Clinical Systems Improvement (Mi-CCSI) is a multi-stakeholder collaboration to develop and deliver innovative training for advanced medical homes.

Our Primary Approach to Healthcare System Improvement is through Interactive Training Programs

INDIVIDUALS

- **Physicians**
- **Medical Assistants**
- **Mid-levels**
- **Behavioral Health Specialists**
- **Care Coordinators**
- **Pharmacists**

TEAMS

Who are managing patients with complex, chronic medical conditions

CUSTOM

To fit your organization's strategic goals and needs

Members

- **Affinia Health Network-Lakeshore**
- **Answer Health**
- **Blue Care Network & Blue Cross Blue Shield of Michigan**
- **Borgess Healthcare, Ascension Medical Group**
- **Community Mental Health of Central Michigan**
- **Great Lakes Physician Organization**
- **Lakeland Care, Inc.**
- **Mercy Health Physician Partners-Grand Rapids**
- **Pine Rest Christian Mental Health Services**
- **Priority Health**
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- **Wexford Physician Hospital Organization**

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