# Billing Collaborative Care Services

## **Objective and Learning Outcomes**

#### **Objective**

 Review how to bill CoCM services using the CoCM codes

#### **Learning Outcomes**

 Discuss billing codes, billing thresholds, and documentation to promote the financial sustainability of CoCM services

### Considerations

- We are discussing guidelines per our understanding of the CMS requirements for CoCM services.
- Please check with your billing and compliance officers and payer representatives
- Guidelines may vary by payer

Send billing questions to <u>valuepartnerships.com</u>

## **Billing Basics**

- Billed per member per calendar month
- Only count BHCM time delivering CoCM services; payment accounts for time spent by all clinical team members but can't duplicate shared time
- Separate Initiating Billable Visit
  - Visit will include the treating provider establishing a relationship with the patient, assessing the patient prior to referral, and obtaining patient consent to consult with specialists
  - Required for patients not seen within one year

- Billed alone or with a claim for another billable visit
- Can bill CoCM services with PDCM claims
- Can't bill CoCM (99492, 99493, 99493, G0512) services in the same calendar month as chronic care management/general behavioral health integration (99484, G0511)

# **Additional Requirements**

- Advance Consent
  - Verbal or written, must be documented in the EHR
  - Permission to consult with relevant specialists (i.e., psychiatric consultant)
  - Inform the patient of cost sharing
- BCBSM has waived cost sharing (deductible, coinsurance and copayments) beginning July 1st

"I have discussed [practice's] collaborative care program with the patient, including the roles of the behavioral health care manager and psychiatric consultant. I have informed the patient that they will be responsible for potential cost sharing expenses for both in-person and non-face-to-face services. The patient has agreed to participate in the collaborative care program and for consultations to be conducted with relevant specialists.

Face-to-face or telehealth visits with a behavioral health specialist are not associated with this model, even though they may be part of the patient's overall treatment plan. Services that are not a part of collaborative care can be provided and will be billed according to the patient's benefit package. These services would also be subject to the cost sharing expenses defined by that benefit plan."

# Billing Codes: Commercial

Provider Location	Service	Code	Month	Time Threshold
	Chronic Care Management/ General Behavioral Health Integration	99484	Any month	11-20 minutes
Any Location	CoCM	99492	Initial month	36-70 minutes
		99493	Subsequent month(s)	31-60 minutes
		99494	Add-on code	16-30 minutes

# Billing Codes: Medicare, MA, Medicaid

Provider Location	Service	Code	Month	Time Threshold
	Chronic Care Management/ General Behavioral Health Integration	99484	Any month	11-20 minutes
Non-		99492	Initial month	36-70 minutes
FQHC/RHC	CoCM	99493	Subsequent month(s)	31-60 minutes
		99494	Add-on code	16-30 minutes
	Chronic Care Management/General Behavioral Health Integration	G0511	Any month	20 minutes
FQHC/RHC	CoCM	G0512	Initial month	70 minutes
			Subsequent month	60 minutes

# 99492 Initial Psychiatric Collaborative Care Management

First 70 minutes in the first calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional, with the following required elements:

- Outreach to and engagement in treatment of a patient directed by the treating physician or other qualified health care professional
- Initial assessment of the patient, including administration of validated rating scales, with the development of an individualized treatment plan
- Review by the psychiatric consultant with modifications of the plan if recommended
- Entering patient in a registry and tracking patient follow-up and progress using the registry, with appropriate documentation, and participation in weekly caseload consultation with the psychiatric consultant
- Provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies

# 99493 Subsequent Psychiatric Collaborative CM

Subsequent psychiatric collaborative care management, first 60 minutes in a subsequent month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional, with the following required elements:

- Tracking patient follow-up and progress using the registry, with appropriate documentation
- Participation in weekly caseload consultation with the psychiatric consultant
- Ongoing collaboration with and coordination of the patient's mental health care with the treating physician or other qualified health care professional and any other treating mental health providers
- Additional review of progress and recommendations for changes in treatment, as indicated, including medications, based on recommendations provided by the psychiatric consultant
- Provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies
- Monitoring of patient outcomes using validated rating scales; and relapse prevention planning with patients as they achieve remission of symptoms and/or other treatment goals and are prepared for discharge from active treatment

## 99494 Initial or Subsequent Psychiatric Collaborative CM

• Each additional 30 minutes in a calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional (List separately in addition to code for primary procedure)

# 99484 Care Management Services for Behavioral Health

Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional time, per calendar month, with the following required elements:

- Initial assessment or follow-up monitoring, including the use of applicable validated rating scales
- Behavioral health care planning in relation to behavioral/psychiatric health problems, including revision for patients who are not progressing or whose status changes
- Facilitating and coordinating treatment such as psychotherapy, pharmacotherapy, counseling and/or psychiatric consultation
- Continuity of care with a designated member of the care team

# Billing by Time Threshold: CPT Codes\*

Month	Time Spent	CPT Codes
	≤10 minutes	Not billable
	11-35	99484 – Gen BHI
Initial Month	36-85 minutes	99492
Wionen	86-115 minutes	99492 + 99494
	116-130 minutes	99492 + 99494, quantity 2 units
	≤10 minutes	Not billable
	11-30	99484
Subsequent Month(s)	31-75 minutes	99493
141311(11(3)	76-105 minutes	99493 + 99494
	106-135 minutes	99493 + 99494, quantity 2 units

<sup>\*</sup>https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/BehavioralHealthIntegration.pdf

# Billing by Time Threshold: G Codes

Month	Time Spent	G Codes
	<20 minutes	Not billable
Initial Month	20-69 minutes	G0511
IVIOITEIT	≥70 minutes	G0512
_	<20 minutes	Not billable
Subsequent Month(s)	20-59 minutes	G0511
	≥60 minutes	G0512

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## What Activities Can I Include?

- · Providing assessment and care management services
  - Any form of patient contact
  - Structured behavioral health assessment
  - Self-management planning; relapse prevention planning
  - 99492 requires an initial assessment of the patient and development of individualized treatment plan
- Administering validated outcome measures (e.g., PHQ-9, GAD-7)
- Using brief therapeutic interventions (e.g., Motivational Interviewing, behavioral activation, problem solving therapy)
- Conducting systematic case review with the psychiatric consultant
- Maintaining systematic case review tool, disease registry, and/or EHR for patient tracking and follow-up
  - Does not include strictly administrative or clerical duties
- Collaboration and coordination with PCP or other qualified health care professionals
- "Running" the caseload with the psychiatric consultant (i.e., conducting a systematic review of caseload without specifically discussing the patient)
  - Approximately 5 billable minutes per calendar month
  - "the patient has been included in the caseload review activities and consulted on as needed"

### **Medicaid Guidelines**

- Effective August 1, 2020
- Psychiatric consultant must have MD or DO licensure
- Initial visit must be face-to-face
- Monthly administration of outcome measures (e.g., PHQ-9, GAD-7)
- After the initial 6 months of treatment, prior authorization is required for an additional 6 months of treatment
- Can't bill G0511
- Can't bill CoCM patients receiving MI Care Team, Behavioral Health Home, or Opioid Health Home benefits
- The policy can be found <u>here</u>.

# Scenario 1: Initial Month, Commercial Patient

Date	Activity	Time Spent
4/2/20	Patient enrolled in CoCM services; BHCM conducted initial assessment; BHCM administered PHQ-9/GAD-7; BHCM updated SCR tool	45
4/7/20	BHCM discussed patient with psychiatric consultant during SCR; BHCM followed-up with PCP; BHCM updated SCR tool	15
4/8/20	BHCM followed-up with patient	5
4/22/20	BHCM followed-up with patient; BHCM delivered Problem Solving Therapy	20
No date	BHCM/psychiatric consultant 'ran' the panel	5
	Total: Bill 99492 + 99494	90

# Scenario 2: Subsequent Month

Date	Activity	Time Spent
5/5/20	BHCM administer PHQ9/GAD7, scores show improvement; BHCM delivers behavioral activation	20
5/25/20	BHCM contacts patient, patient doing well	8
No date	BHCM/psychiatric consultant 'ran' the panel	5
	Total: Bill 99493	33

# Scenario 3: Subsequent Month

Date	Activity	Time Spent
5/5/20	BHCM administers PHQ9/GAD7, scores show worsening symptoms; BHCM delivers behavioral activation; BHCM updates SCR tool	25
5/8/20	BHCM discusses patient with psychiatric consultant in panel review	10
5/10/20	BHCM follows-up with PCP, approves new medication; BHCM contacts patient	15
5/18/20	BHCM contacts patient; BHCM delivers Motivational Interviewing	15
5/28/20	BHCM contacts patient; BHCM administers PHQ9/GAD7; BHCM updates SCR tool	20
No date	BHCM/psychiatric consultant 'ran' the panel	5
	Total: Bill 99493 + 99494	90

#### **Best Practices**

- Have you documented all billable time?
  - Create a smartphrase to prompt BHCMs to document billable time
  - Create a documentation checklist to ensure all BHCM clinical time is calculated
  - Add an EHR form to calculate billable time per calendar month
- Review a report of documented billable minutes per patient per calendar month
  - Review this report half-way through each month to determine which patients would need additional time to reach the next billing threshold
  - Assess distribution of time across the entire caseload
- Is your clinical time being optimized for your caseload size?
  - Conduct a clinical caseload supervision
  - Assess opportunities to keep the caseload "fluid" (i.e., who could benefit from a different level of care?)

# **Evaluating Time Delivered Across Caseload**

Patient	Mar-20	Apr-20	May-20	Jun-20	July-20	Aug-20
Α	20	35	0	35	30	0
В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85	40
G		70	45	35	0	40
Н		95	45	80	105	65
1		70	20	30	0	35
J			60	60	30	30
K			145	60	0	65

Month	Time Spent	CPT Codes
	≤10 minutes	Not billable
	11-35	99484
Initial	36-85 minutes	99492
Month	86-115 minutes	99492 + 99494
	116-130 minutes	99492 + 99494, quantity 2 units
	≤10 minutes	Not billable
	11-30	99484
Sub.	31-75 minutes	99493
Month(s)	76-105 minutes	99493 + 99494
	106-135 minutes	99493 + 99494, quantity 2 units

## **Evaluating Time Delivered: 99484**

Patient	Mar-20	Apr-20	May-20	Jun-20	July-20	Aug-20
Α	20	35	0	35	30	0
В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85	40
G		70	45	35	0	40
Н		95	45	80	110	65
1		70	20	30	0	35
J			60	60	30	30
K			145	60	0	65

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Patient	Mar-20	Apr-20	May-20	Jun-20	July-20	Aug-20
Α	20	35	0	35	30	0
В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85	40
G		70	45	35	0	40
Н		95	45	80	105	65
1		70	20	30	0	35
J			60	60	30	30
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# Evaluating Time Delivered: 99492 + 99494\*

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Α	20	35	0	35	30	0
В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85	40
G		70	45	35	0	40
Н		95*	45	80	105	65
I		70	20	30	0	35
J			60	60	30	30
K			145***	60	0	65

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# **Evaluating Time Delivered: 99493**

Patient	Mar-20	Apr-20	May-20	Jun-20	July-20	Aug-20
Α	20	35	0	35	30	0
В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85	40
G		70	45	35	0	40
н		95	45	80	110	65
1		70	20	30	0	35
J			60	60	30	30
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В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85*	40
G		70	45	35	0	40
Н		95	45	80*	110**	65
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Α	20	35	0	35	30	0
В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85*	40
G		70	45	35	0	40
Н		95*	45	80*	110**	65
1		70	20	30	0	35
J			60	60	30	30
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# **Evaluating Time Delivered: Looking for Trends**

Patient	Mar-20	Apr-20	May-20	Jun-20	July-20	Aug-20
Α	20	35	0	35	30	0
В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85*	40
G		70	45	35	0	40
Н		95*	45	80*	110**	65
1		70	20	30	0	35
J			60	60	30	30
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	11-30	99484	
Sub.	31-75 minutes	99493	
Month(s)	76-105 minutes	99493 + 99494	
	106-135 minutes	99493 + 99494, quantity 2 units	

- Most of BHCM time spent with a few patients
- 50% of patients not contacts in July

## **Evaluating Time Delivered: Looking for Trends**

Patient	Mar-20	Apr-20	May-20	Jun-20	July-20	Aug-20
Α	20	35	0	35	30	0
В	65	35	20	25	15	0
С	20	25	20	10	0	0
D	70	50	40	10	5	20
E	75	55	15	25	55	35
F	80	35	20	35	85*	40
G		70	45	35	0	40
н		95*	45	80*	110**	65
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J			60	60	30	30
K			145***	60	0	65

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Sub. Month(s)	≤10 minutes	Not billable
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	31-75 minutes	99493
	76-105 minutes	99493 + 99494
	106-135 minutes	99493 + 99494, quantity 2 units

- Less time spent with patient in continuous months
- Are these patients in relapse prevention?
- Are these patients not engaging in services?

#### Resources

- Medicare Learning Network CoCM Fact Sheet
- Medicare Learning Network FAQ
- MDHHS MSA Bulletin (Medicaid)
- Guide to Billable Activities
- Guide to Optimizing Billable Time

- https://www.bcbsm.com/content/dam/m icrosites/corpcomm/provider/VPU/2020/ apr/0420b.html
- BCBSM billing guidance is posted on the PGIP collaboration site; more information will be posted in Fall 2020

# Questions?

### Stretch Break – 5 minutes

