



Let's Get
Ready!



Did we.....

- 2 Topics to Cover
- Key Questions

What if?

- Not enough referrals
- Too many referrals... “I can’t keep up!”
- My patient isn’t getting better
- I can’t reach my patient
- Systematic case review is taking too long - I can’t get to all the patients I need to review
- The provider is taking a long time to respond to treatment recommendations



Workflow Considerations

Who, What, Where, When, How

Step 1: **Patient Identification** and enrollment into CoCM using a priority patient population approach

Step 2: **Registry Documentation.** Complete and document patient information into the EMR. The information will continue to be used throughout CoCM to manage individual patient and population health

Step 3: **Primary Care Team.** Collaboratively with systematic case review team to determine, monitor and manage the patient personalized treatment plan.

Step 4: **Systematic Case Review.** Weekly expert team review of prioritized population, using treat-to-target approach. Make recommendations to the provider to reach treatment target

Step 5: **Back to Primary Care Team**

Step 6: **Personalized Treatment Plan.** Partner with patient to create care goals that align with their behavioral, medical, psycho-social goals to ensure patient's continued engagement in self care. Frequent scheduled follow-up to monitor and achieve behavioral health, medical and psycho-social goals.

Decision Point – Patient at goal for at least three months?

- No – Back to SCR Personalized treatment plan adjustment
- Yes – Maintenance Planning and Relapse Planning

Step 7: **Maintenance Planning and Relapse Planning:** Partner with patients to develop and document maintenance, relapse prevention and routine follow-up plan which should include:

- Personal warning signs
- My steps to keep myself on track
- How to maintain health behaviors and minimize stress

Decision pint: Patient at goal for depression/anxiety?

- Yes – back to maintenance planning & relapse planning
- No – back to SCR



Future Training Opportunities

- Webinars
- Overview of SBIRT Key Components
- Training recommendations in addition to on-going webinars
- Shadowing
- Mi-CCSI consultation