

CoCM Clinical Training AGENDA Day 2

| TIME | DURATION | TOPIC | Presenter(s) |
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| 8:00- 8:15am | 15 MIN | Introduction: <ul style="list-style-type: none"> • What would you like to get out of today? • Poll (what is your discipline) • Orientation to training, (housekeeping and agenda) | Susan Vos BSN, RN, CCCM Program Director |
| 8:15 - 10:15am | 90 MIN | Part One: Motivational Interviewing, Behavioral Activation and Problem Solving <ul style="list-style-type: none"> • Motivational Interviewing • Problem Solving Therapy • Behavioral Activation | Laura Saunders, MSSW Robin Schreur, RN, BS Susan J. Vos BSN, RN, CCM |
| 10:15- 10:30am | 15 MIN | Stretch break | |
| 10:30- 11:00am | 60 MIN | Part One: Behavioral Activation and Problem Solving-continuation <ul style="list-style-type: none"> • Problem Solving Therapy • Behavioral Activation Case | Laura Saunders, MSSW Robin Schreur, RN, BS Susan J. Vos BSN, RN, CCM |
| 11:00- 12:30pm | 60 MIN | Part Two: The Role of the BHCM and the COCM Process <ul style="list-style-type: none"> • The role of the BHCM in CoCM • Pitching CoCM to patients and the care team • The use of screening tools <ul style="list-style-type: none"> ○ PHQ – 9 ○ GAD – 7 • Risk Assessment • Intake and Assessment • Care Planning <ul style="list-style-type: none"> ○ Self-Management ○ Action Planning • Follow-up / Continuous Monitoring | Robin Schreur, RN, BS Susan J. Vos BSN, RN, CCM |
| 12:30- 1:00pm | 30 MIN | Lunch Break | |
| 1:00- 2:00pm | 90 MIN | Part Two: The Role of the BHCM and the COCM Process-Patient Tracking Continuation <ul style="list-style-type: none"> • The role of the BHCM in CoCM • Pitching CoCM to patients and the care team | Robin Schreur, RN, BS Susan J. Vos BSN, RN, CCM Mark Williams MD, Psychiatrist |

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| | | <ul style="list-style-type: none"> • The use of screening tools <ul style="list-style-type: none"> ○ PHQ – 9 ○ GAD – 7 • Risk Assessment • Intake and Assessment • Care Planning <ul style="list-style-type: none"> ○ Self-Management ○ Action Planning • Follow-up / Continuous Monitoring | |
| 2:00pm-3:00pm | 60 MIN | <p>Part Three: Psychotropic Medications and Diagnosis</p> <ul style="list-style-type: none"> • Basics of psychotropic medications • DSM diagnostic criteria | Mark Williams MD, Psychiatrist |
| 3:00-3:15pm | 15 MIN | Stretch break | |
| 3:15-3:45pm | 30MIN | <p>Part Four: Maintenance</p> <ul style="list-style-type: none"> • Review the patient monitoring process, relapse preventions and transition to routine care | Sue Vos BSN, CCM, RN Robin Schreur RN BS Mark Williams MD, Psychiatrist |
| 3:45-4:15pm | 30MIN | <p>Part Five: Moving Forward</p> <ul style="list-style-type: none"> • Plan for future clinical skill development • Develop templates for assessments and systematic case review case presentations • Develop plan for reporting process; CoCM team communication (clinical workflow) Future training and implementation support • Wrap-up | Sue Vos BSN, CCM, RN Robin Schreur RN BS Mark Williams MD, Psychiatrist |