

Care Management Introduction Activity

Using the definition, goals, and interventions below in your own word state how you would or have described Care Management and Care Management Services to someone in your practice.

<p>Definition: “Care management programs apply systems, science, incentives, and information to improve medical practice and assist consumers and their support system to become engaged in a collaborative process designed to manage medical/ social/mental health conditions more effectively.” “Care Management Definition and Framework.” Center for Health Care Strategies, 2007 (www.chcs.org/usf_ doc/Care Management Framework. pdf).</p>	
<p>The goals of care management:</p> <ul style="list-style-type: none"> • Increase patient engagement in self care • To improve patients’ functional health status, • Enhance coordination of care, • Decrease ED visits, decrease hospital admissions • Reduce the need for expensive medical services 	
<p>Successful evidence-based interventions:</p> <ul style="list-style-type: none"> • Comprehensive care planning for complex patients • Coordination with the care team: Primary care, specialists and community resources • Medication reconciliation • Care transition support • Individualized care plan 	