

## **Disease Management Learning Series**

### **Heart Failure**

#### ***Session 1: Pathology & Pharmacological Management***

#### **Agenda & Objectives**

- **Describe the epidemiology, pathophysiology, and risk factors for heart failure**
- **Define diagnostic and classification criteria for heart failure**
- **Explain key aspects of the management of heart failure, including medications commonly used for treatment**
- **List medications that may precipitate or worsen heart failure symptoms**
- **Proactively address common clinical scenarios using customized tools such as a Heart Failure Action Plan**
- **Demonstrate examples of strategies patients can deploy for self-management of heart failure**
- **Suggest workflows to increase health literacy and engage patients with heart failure in the course of routine care**
- **Address Bio-psycho-social issues associated with Heart Failure diagnosis and ongoing care**
- **List resources patients can access to further support their journey with heart failure**