

Self-Management Training

*Introduction of Team-Based Care and Optimizing the Impact of the
Roles of Care Managers & Coordinators*

Day 2 – Friday, April 17, 2020

Training Agenda

- Welcome
- Motivational Interviewing – 8:00-11:15 am
- Self-Management Action Planning – 11:15-11:30 am

LUNCH – 11:30-12:00 pm

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|---|---|-----------------------|
| <ul style="list-style-type: none">• Group 1 – SIM• Group 2 – Group Activity-Communication• Group 3 – Group Activity-Case Study Application• Group 4 - Group Activity-Transitions of Care |  | 12:00-12:40 pm |
| <ul style="list-style-type: none">• Group 1 – Group Activity-Transitions of Care• Group 2 – SIM• Group 3 – Group Activity-Communication• Group 4 – Group Activity-Case Study Application |  | 12:45-1:25 pm |
| <ul style="list-style-type: none">• Group 1 – Group Activity-Case Study Application• Group 2 – Group Activity-Transitions of Care• Group 3 – SIM• Group 4 – Communication |  | 1:30-2:10 pm |
| <ul style="list-style-type: none">• Group 1 – Group Activity-Communication• Group 2 – Group Activity-Case Study Application• Group 3 – Group Activity-Transitions of Care• Group 4 – SIM |  | 2:15-2:55 pm |

Success Strategies and Q&A – 3:00-3:35 pm

REQUIRED POST-TESTS & EVALUATIONS:

STATE OF MI SELF-MANAGEMENT TRAINING POST-TEST/EVALUATION is found at:

https://umich.qualtrics.com/jfe/form/SV_2c2mHyZexsDnMHZ

MI-CCSI POST-TEST/EVALUATION is found at:

<https://www.surveymonkey.com/r/2020-SM>