

Preparation for Simulation Training

Preparing Attendees for the Simulation
Training Process
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Simulation Training

According to Webster's 2003,
"To simulate is to look or act like."

Examples:

- Role Playing
- Scenario Settings
- Case Studies



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Simulation at Mi-CCSI – Chart Review

- Review the "chart"
 - Each attendee should have their patient chart
 - Review the front cover titled,
 - "Doorway Information Fact Sheet"
 - » Assessment/Plan
 - » Physician note/Instructions/Education/Other
 - » Physical data – BP, height/weight, etc..
 - » Allergies
 - » Medications
 - » Problem list
 - If available, review the evidence-based care guidelines in section 3
 - If available, review the community resources in section 4



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Simulation at Mi-CCSI - Timelines

- Familiarize yourself with the timelines outlined in section 1, "Step-By-Step Simulation Guide"
 - 5 minutes to review the chart
 - 10 minutes Role play - Meet and greet patient
 - Introduce self and your role
 - Assess the patients' knowledge
 - Determine priority needs
 - 5 minutes to complete meeting closure
 - Summarize the interaction and key steps
 - Determine and discuss next steps
 - 5 minutes for the patient feedback
 - 10 minutes to document the plan of care
 - 10 minutes to review and complete your self-evaluation



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Documenting the Care Plan

- Include "SMART" goals
 - Who, what, and when
 - Example, "I want to lose 5 lbs before July 4th"
- Incorporate the patient needs and abilities
 - Example, "Patient reports she lost 20 lbs 2 years ago and has the support and tools to lose the 5 lbs"
- Connect the plan to evidence-based care guidelines when applicable
 - Example, "Target for A1C is a reduction by 5 points within the next quarter, the ultimate goal is reaching an A1C below 7"



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Simulation Reflection

- Goals of simulation are to prepare the care manager to identify key actions of:
 - Introducing yourself and the role of the care manager
 - Assessing a patient case/situation in a realistic environment
 - Processing information timely and
 - Confidently prioritizing and organizing patient needs



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Simulation Checklist

- Chart
- Step-By-Step Guideline
- Resources
 - Evidence-based care guidelines
 - Community resources
- Self Management Action Plan
- Self-evaluation form

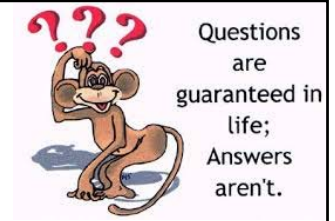


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Questions

- **What concerns you?**
- **What questions do you have?**
- **How can we help?**



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