

SEPTEMBER 19, 2019

TREATING PAIN & ADDICTION

MUSKEGON
DELTA HOTEL

OBJECTIVES

At the end of this activity physicians should be able to:

- Review pain mechanisms and pathophysiology.
- Recall pain mechanism application through case studies.
- Review the biopsychosocial aspects of pain, including assessment.
- Review the pharmacology and non-pharmacology treatment options

CONTINUING EDUCATION

To meet continuing education credit requirements and receive your certificate, you must sign-out at the registration table and complete the post-training survey and evaluation at: <https://www.surveymonkey.com/r/MUpain-post>

Providers & Nurses

This training will meet the continuing education requirements for pain and symptom management in the state of Michigan for medical license renewals. Nurses in Michigan may use CME credits towards re-licensure. This Live activity, Advanced Pain Management Workshops, from 03/07/2019 - 03/06/2020, has been reviewed and is acceptable for up to 6.00 Elective credit(s) by the American Academy of Family Physicians. Physicians & nurses should claim only the credit commensurate with the extent of their participation in the activity

Social Workers

This course is approved by the Michigan Social Work Continuing Education Collaborative. Course Approval Number: 022819-01 The course is approved for a maximum of 5 contact hours

Medical Assistants

Registered or certified medical assistants can submit copies of their agendas and certificates of completion to their certification entity to obtain continuing education credit.

This training is made available in part by a grant from the Michigan Health Endowment Fund

SPEAKERS

DANIEL CLAUW, MD



Daniel Clauw is a Professor of Anesthesiology, Medicine and Psychiatry at the University of Michigan. He serves as Director of the Chronic Pain and Fatigue Research Center. Until January 2009 he also served as the first Associate Dean for Clinical and Translational Research within the University of Michigan Medical School, and PI of the UM Clinical and Translational Sciences Award (CTSA).

GLENN DREGANSKY, DO



Program director for Western Michigan University Homer Stryker M.D. School of Medicine's Family Medicine Residency Program - Kalamazoo, which is located within the Family Health Center, the federally-qualified health center in Kalamazoo's Northside neighborhood.

JAMES HUDSON, MD



Medical director of the Pain Center at Mary Free Bed where he has managed chronic pain for more than 30 years. He is board-certified by the American Board of Family Practice and is a fellow of the American College of Pain Medicine. He is an active member of the American Pain Society & National Headache Foundation.

ERIC LAKE, MA, LLP, CADC



Psychologist who specializes in the treatment of chronic pain and works in the Mary Free Bed Pain Rehabilitation Program, an interdisciplinary approach that addresses many pain conditions. He received his master's degree in Counseling Psychology from Western Michigan University and is a Certified Alcohol and Drug Counselor.

TIM PHILLIPS, PT, DPT, MTC



Physical therapist specializing in the treatment of chronic pain. He completed his Doctorate in Physical Therapy at the University of St. Augustine and has served as adjunct faculty in the DPT program at Grand Valley State University. He studied STarT and IMPaCT Back trials at Keele University (UK) in 2015.

EVA QUIRION, FNP, PhD



Nurse practitioner specializing in the treatment of pain and substance use disorder. She serves as adjunct faculty for the FNP program at the University of Maine. She is a member of the Maine Quality Counts Chronic Pain Collaborative, Penobscot Community Healthcare Controlled Substance Committee and Chair of the St. Joseph Bangor Controlled Substance Review Group.

DAVID WILLIAMS, PhD



Professor of Anesthesiology, Medicine (Rheumatology), Psychiatry, and Psychology at the University of Michigan where he also serves as the Associate Director of the Chronic Pain and Fatigue Research Center, Co-Director of Research Development within the Michigan Institute for Clinical and Health Research (MICHR) and is on the senior faculty of the Neurosciences Program.

Today's Presentations & slides are available at:

<https://www.miccsi.org/training/pain-management-training/mu-pain-management-training-2019/>

EVENT SCHEDULE

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| 7:30-7:50 am | DOORS OPEN Registration & Networking | |
| 7:50-8:00 am | WELCOME & INTRODUCTIONS | |
| 8:00-8:45 am | DANIEL CLAUW, MD Biomedical aspects of pain management | |
| 8:50-9:35 am | DAVID WILLIAMS, PhD Biopsychosocial aspects of pain management | |
| 9:35-9:45 am | BREAK (10 minutes) | |
| 9:50-10:35 am | JAMES HUDSON, MD Case studies in pain management | |
| 10:40-11:25 am | DANIEL CLAUW, MD Cannabinoids for pain management | |
| 11:30 am-Noon | DANIEL CLAUW, MD, DAVID WILLIAMS, PhD, JAMES HUDSON, MD & PHIL BATY, MD Speaker Panel – Q & A | |
| 12:00-12:45 pm | LUNCH & NETWORKING (lunch served in hallway) | |
| 12:45-3:15 pm | TEAM-BASED CARE for CHRONIC PAIN TRACK Muskegon/Mona Lake Rooms JAMES HUDSON, MD, ERIC LAKE, MA LLP, TIM PHILLIPS, DPT DAVID WILLIAMS, PhD <ul style="list-style-type: none"> Review assessment and care planning components Discuss ways to optimize the multi-disciplinary team (PT, Behavioral Health) | SUBSTANCE USE DISORDERS TRACK Twin/White Lake Rooms GLENN DREGANSKY, DO & EVA QUIRION, FNP PhD <ul style="list-style-type: none"> Review Tapering Approaches Discuss Crucial Conversations Case Study application |
| | POST-TEST, EVALUATIONS & FEEDBACK <ul style="list-style-type: none"> Complete evaluation at: https://www.surveymonkey.com/r/MUpain-post Sign-out at registration table | |

Thank You to our Exhibitors

Please visit the exhibitors in the gallery during breaks and lunch





The Michigan Center for Clinical Systems Improvement (Mi-CCSI) is a multi-stakeholder collaboration to develop and deliver innovative training for advanced medical homes.

Our Primary Approach to Healthcare System Improvement is through Interactive Training Programs

INDIVIDUALS

- **Physicians**
- **Medical Assistants**
- **Mid-levels**
- **Behavioral Health Specialists**
- **Care Coordinators**
- **Pharmacists**

TEAMS

Who are managing patients with complex, chronic medical conditions

CUSTOM

To fit your organization's strategic goals and needs

Members

- **Affinia Health Network-Lakeshore**
- **Answer Health**
- **Blue Care Network & Blue Cross Blue Shield of Michigan**
- **Borgess Healthcare, Ascension Medical Group**
- **Great Lakes Organized System of Care**
- **Lakeland Care**
- **Mercy Health Physician Partners-Grand Rapids**
- **Metro Health Integrated Network, University of Michigan**
- **Pine Rest Christian Mental Health Services**
- **Priority Health**
- **Spectrum Health**
- **Wexford Physician Hospital Organization**

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For more information about us and our training visit: www.miccsi.org