

Asthma & COPD Webinar Series
Session 3: Asthma Triggers Learning Activity

Agenda & Objectives

- **Establishing an awareness of asthma triggers within buildings**
- **Developing an awareness of trigger irritants and controls**
- **Establishing an understanding of work related conditions and association with asthma**
- **Reviewing outdoor triggers and interventions to resolve**
- **Increased competency in assessing asthma triggers and establishing an action plan**