

Preparing for Training

The Mi-CCSI Simulation Experience



❁ Simulation

❁ According to Webster, to “simulate” is to act or look like

❁ Examples within the medical field include

❁ Role Playing

❁ Scenario Setting

❁ Case Studies



Why Use Simulation?

- The Institute of Medicine and the National League of Nursing recommend the use of simulation in training and education
 - Allows for practice of a new skill in a less threatening environment
 - Prepares individuals for application of new skills by applying critical thinking and self-reflection



Adds a Dimension of Clinical Judgement

- Serves as a bridge from hearing about a new concept or skill to actually applying the skill
- It's a superior method over reading about or just hearing about a concept or skill
- Tends to make attendees more aware of the importance and use of the new concept or skill and need for ongoing practice and learning
- Allows attendees to experience the application before being responsible for it in the actual clinical environment



Simulation at Mi-CCSI

- Each participant is provided a copy of the case scenario
 - Participants are allowed 5-10 minutes to review the case and ask questions
 - After the review, participants either
 - If in Grand Rapids (on-site) – meet with the “standard patient” face to face in a patient waiting room
 - If off-site – call the patient on the phone



The Visit

10 to 15 minutes

- The purpose of the visit is to develop skills in self-management. The focus is:
 - Introducing yourself in a way that is meaningful to the patient and connects your role to the care team
 - Applying listening skills to explore the patients interest and desire in making healthy behavior changes
 - Creating a self-management action plan that reflects the patients goals and steps
 - Closing the visit with clear instructions and understanding of next steps



After the Visit

5-10 minutes

- The Standard Patient will provide you with feedback immediately after the visit
 - If on-site, the feedback will be verbal and written
 - If off-site, the feedback will be verbal – you will populate the information on the form provided to you



Self-Reflection

10-15 minutes

- After the Standard Patient provides you with feedback, you will evaluate yourself
 - On-site attendees will review the video on the iPad used to record the interaction. (No worries – this video is not shared with others. It is for your own learning).
 - Off-site attendees will use the feedback form and populate the experience and self-reflection on the form.



Simulation Goals

- Prepare the attendee for:
 - Conducting a self-management action plan in a realistic environment
 - Processing information timely
 - Build confidence by utilizing new concepts and skills in a mentoring and coaching environment

