

## **Chronic Pain, Headache & Spine Care Series:**

### ***Session 3: Chronic Back Pain/Spinal Care***

#### **Agenda & Objectives**

- **Review the epidemiology involving low back pain in the US**
- **Review the purpose of an interdisciplinary spine rehabilitation program**
- **Discuss the typical treatment plan for low back pain and escalation of treatment strategies based on patient symptoms**
- **Discuss patient challenges when inflicted with chronic low back pain**