

Asthma & COPD Webinar Series

Session 4: Asthma Action Plans Learning Activity

Agenda & Objectives

- **Defining the goal of asthma education: Help patients take control of their asthma**
- **Identifying key patient educational messages to empower patients in self-management**
- **Overview of healthcare literacy definitions and considerations when working with the diagnosis of asthma**
- **Increased ability to develop a customized asthma action plan that is based on evidence-based practice guidelines**
- **Increased competency in self-assessing own ability to recognize and develop a plan for asthma management**
- **Providing a practical application via case study examples and review**