

Practitioner:
I understand your
blood glucose levels
have been running
high

C: Much higher than
these usually are.
That's not good.

C: Yeah, my doc is a
little worried.

C: I think the doc
over-reacted.

P: You're a little
worried about these.

P: And maybe you are
too.

P: He's making too
much out of it.

C: I know I can do
better. I just need to
get refocused.

C: I'm not sure that
I'd say worried.

C: Yeah, a little I
guess.

C: I'm not worried.

C: A little, but I
appreciate his
concern.

C: He didn't even
bother to find out
why.

P: You know what to
do.

P: Worried is a little
too strong.

P: What do you think
you might do about
this?

P: You wouldn't go
so far as to say
worried.

P: So, you're glad
he's looking out for
you.

P: And you think he
should have.

C: Yeah. I've had
pretty good control in
the past. Things just
got out of balance.

C: A little.

C: At this point, I
have no clue.

C: More like taking
notice.

C: I don't know that
in this case I'm so
glad.

C: Damn right, before
he sends me off to
talk to you.

P: What would it take
for you to begin this
process?

P: Maybe not worried,
but you are paying
attention. What about
it has your attention?

P: You might like to
do something; you're
just not sure how to
start.

P: And being serious
about it

P: But here you are.
Given our time here,
what would be like to
do with it?

P: You sound pretty
annoyed.

C: I guess just putting
a plan together and
then starting.

C: I know the long-
term risks if I don't
take care of it.

C: Exactly. I'm
feeling a little adrift.

C: I guess I am taking
it serious or I
wouldn't have come.

C: I don't know. I've
never been in this
situation before.

C: Yeah. I guess I
am.

Practitioner:
Opening Statement

