

## TREATING PAIN AND ADDICTION

Developed for primary care teams by the Michigan Center for Clinical Systems Improvement (Mi-CCSI) in partnership with the University of Michigan's Chronic Pain and Fatigue Center and Michigan provider systems

### 2019 Program dates

- March 7— Grand Rapids Masonic Center, 233 E. Fulton Street Grand Rapids Mi 49503
- **June 13—open**
- September 19—Harbor Holiday Inn, 939 3<sup>rd</sup> Street Muskegon Mi 49440
- November 7— St. Joseph Mercy Hospital - Ann Arbor/IHA

### Agenda:

Morning			
Speakers	Title	Description	Time (mins)
<b>Daniel Clauw MD</b> <b>U of M Chronic Pain and Fatigue Center</b>	Biomedical Aspects of Pain Management	Review pain mechanisms and how to recognize pain types	8:00 – 8:45 am (45 min)
<b>David Williams, PhD</b> <b>U of M Chronic Pain and Fatigue Center</b>	Psychosocial Aspects of Pain Management	Review the psychosocial aspects of pain Identify how these aspects inform treatment options	8:50 – 9:35 am (45 min)
AM Break 9:35 – 9:45 am			
<b>James Hudson, MD</b> <b>Pain Management Program Mary Free Bed</b>	Live Case Study Presentation	Review the multi-disciplinary care team approach and impact from the patient's perspective	9:50 – 10:35 am (45 min)
<b>Daniel Clauw MD</b> <b>U of M Chronic Pain and Fatigue Center</b>	Cannabinoids	Review the use of cannabinoids in managing pain	10:40 – 11:25 am (45 min)
<b>Speaker Panel Q &amp; A</b>	Forum	Open forum for questions and discussion with morning speakers	11: 30 am – 12:00 pm (30 min)
Lunch Break: 12:00 to 12:45 pm			
Afternoon Workshops			
Speaker	Title	Description	Time
<ul style="list-style-type: none"> <li>• <b>Eva Quirion BSN, MSN</b></li> <li>• <b>Glen Dregansky MD</b></li> </ul>	Substance Use Disorders	<ul style="list-style-type: none"> <li>• Review Tapering Approaches</li> <li>• Discuss Crucial Conversations</li> <li>• Case Study application</li> </ul>	12:45 – 3:15 pm (2.5 hr)
<ul style="list-style-type: none"> <li>• <b>David Williams, PhD</b></li> <li>• <b>Eric Lake, MA, LLP, CADC</b></li> <li>• <b>Tim Phillips, PT, DPT, MTC</b></li> </ul>	Team-Based Care for Chronic Pain	<ul style="list-style-type: none"> <li>• Review assessment and care planning components</li> <li>• Discuss ways to optimize the multi-disciplinary team (PT, BHS)</li> </ul>	12:45 – 3:15 pm (2.5 hr)

## Faculty



### **DANIEL CLAUW, MD**

Professor of Anesthesiology, Medicine and Psychiatry at the U of M and Director of the Chronic Pain and Fatigue Research Center. He is the former Associate Dean for Clinical and Translational Research within the University of Michigan Medical School and PI of the UM Clinical and Translational Sciences Award (CTSA).



### **GLENN DREGANSKY, DO**

Program director for Western Michigan University Homer Stryker M.D. School of Medicine's Family Medicine Residency Program - Kalamazoo, which is located within the Family Health Center, the federally-qualified health center in Kalamazoo's Northside neighborhood.



### **JAMES HUDSON, MD**

Medical director of the Pain Center at Mary Free Bed where he has managed chronic pain for more than 30 years. He is board-certified by the American Board of Family Practice and is a fellow of the American College of Pain Medicine. He is an active member of the American Pain Society & National Headache Foundation.



### **EDWARD JOUNEY, DO, MS**

Clinical instructor, psychiatrist at UMATS and U of M's Back and Pain Center. He trained in Addiction Psychiatry and is a member of the American Society of Addiction Medicine as well as the American Academy of Addiction Psychiatry. He serves on UM Health System Controlled Substance Quality Improvement Committee.



### **ERIC LAKE, MA, LLP, CADC**

Psychologist who specializes in the treatment of chronic pain and works in the Mary Free Bed Pain Rehabilitation Program, an interdisciplinary approach that addresses many pain conditions. He received his master's degree in Counseling Psychology from Western Michigan University and is a Certified Alcohol and Drug Counselor.



### **TIMOTHY PHILLIPS, PT, DPT, MTC**

Physical therapist specializing in the treatment of chronic pain. He completed his Doctorate in Physical Therapy at the University of St. Augustin and has served as adjunct faculty in the DPT program at Grand Valley State University. He studied STarT and IMPaCT Back trials at Keele University (UK) in 2015.



### **CARA POLAND, MD**

Board-certified in addiction medicine with a medical degree from Wayne State University School of Medicine. She completed her addiction medicine fellowship at Boston University. Her clinical interests include safe opioid prescribing, MAT and treatment of females with substance use disorders.



### **EVA QUIRION, FNP, PhD**

Nurse practitioner specializing in the treatment of pain and substance use disorder. She serves as adjunct faculty for the FNP program at the University of Maine. She is a member of the Maine Quality Counts Chronic Pain Collaborative, Penobscot Community Healthcare Controlled Substance Committee and Chair of the St. Joseph Bangor Controlled Substance Review Group.



### **DAVID WILLIAMS, PhD**

Professor of Anesthesiology, Medicine (Rheumatology), Psychiatry, and Psychology at the University of Michigan where he also serves as the Associate Director of the Chronic Pain and Fatigue Research Center, Co-Director of Research Development within the Michigan Institute for Clinical and Health Research (MICHR) and is on the senior faculty of the Neurosciences Program.



### **JILL SCHNEIDERHAN, MD**

Co-Director of the Integrative Family Medicine Program and Co-Director of the Integrative Family Medicine Fellowship, Department of Family Medicine University of Michigan.